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Urological Surgeon

Laparoscopic Surgery

Laser Stone & Prostate Surgery

Urological Oncology

General Urology

Flexible Cystoscopy - Patient Information

Cystoscopy is an examination of the lining of the bladder using a telescope called a cystoscope. The cystoscope, which is about the same thickness as a ballpoint pen, is passed up the urethra into the bladder. There are two types of cystoscope – flexible and rigid.

Flexible cystoscopy is usually performed to discover the cause of a symptom such as bleeding into the urine (haematuria).

The procedure is performed under a local anaesthetic which is inserted into the urethra in the form of a gel. The procedure takes only a few minutes.

The flexible cystoscope is passed up the urethra and the interior of the bladder is carefully inspected to identify stones, bladder tumours and other abnormalities. Tiny samples of tissue (biopsies) may be taken, but if further investigations or surgery must be performed, a rigid cystoscopy will be necessary later.

The procedure is usually performed in our office or the Day Surgery Unit and you will be able to go home soon after the inspection.

After the procedure you may experience some minor discomfort when passing urine but this should settle within a day or so. You will be asked to drink extra fluids for 24 hours and may be given antibiotics after cystoscopy to help reduce the risk of infection.

If you develop a temperature or symptoms of cystitis you may require a full course of antibiotics and should consult your family Doctor.

