

What to expect after your UroLift™ procedure



UROLIFT™
BPH Relief. In Sight.™

Teleflex™
Empowering the future of healthcare

Congratulations on taking the step to improve your quality of life!

The UroLift™ implant is a clinically proven treatment for bothersome urinary symptoms associated with BPH.¹ Please carefully review and follow these instructions.

General Expectations

Most patients do not require a catheter after having the UroLift™ System procedure.^{2,3} Most common side effects are temporary and include painful urination, blood in the urine, pelvic pain, urinary urgency and/or the inability to control the urge.² Rare side effects, including bleeding and infection, may lead to serious outcomes and may require intervention. Most symptoms typically resolve within two to four weeks after the procedure².

The following are some suggestions:

1. Have someone drive you home after the procedure.
2. Drink plenty of water.
3. Take your medication as prescribed.
4. Avoid strenuous activity for one week.
5. If you have a catheter placed into your bladder do not take a bath until it is removed or as directed by your physician, though you can take a shower.

Medications

Take the following medications as directed:

When taking pain medications, you may experience dizziness or drowsiness. Do not drink alcohol or drive when you are taking these medications.

If you are given an antibiotic to prevent urinary tract infection, it is important to finish all medications as directed.

Additional cautions:

Complications

You should contact your physician if you experience any of the following:

1. Measured temperature above 100.5° (38°C).
2. Excessive urinary bleeding or bleeding from the penis.
3. Continuous bladder spasms.
4. Painful, swollen and/or inflated testicle(s) or scrotum.
5. Unable to void spontaneously or the indwelling catheter is not draining urine or is blocked.

Additional cautions:

**IF YOU NEED IMMEDIATE ATTENTION,
GO TO THE HOSPITAL EMERGENCY ROOM
FOR TREATMENT.**

Dear Caregiver,

Your loved one just had a UroLift™ System procedure to treat his enlarged prostate. This is a common condition that can cause difficulties voiding urine. In this procedure, small implants were placed to lift and hold the enlarged prostate tissue out of the way, relieving urinary symptoms.



Pre-procedure



Post-procedure

The UroLift™ System is Indicated for the treatment of symptoms of an enlarged prostate up to 100 cc in men 50 years or older . As with any medical procedure, individual results may vary.

Most common side effects are temporary and include hematuria, dysuria, micturition urgency, pelvic pain, and urge incontinence.² Rare side effects, including bleeding and infection, may lead to a serious outcome and may require intervention. Consult the Instructions for Use (IFU) for complete warnings, indications, contraindications, precautions, and potential complications.

References:

- 1 Roehrborn, Can J Urol 2017
- 2 Roehrborn, J Urology 2013
3. Shore, Can J Urol 2014

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Please contact your local representative. Revised: 05/25

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